

# Sit-to-Stand Report



**Patient**  
Last Name  
First Name

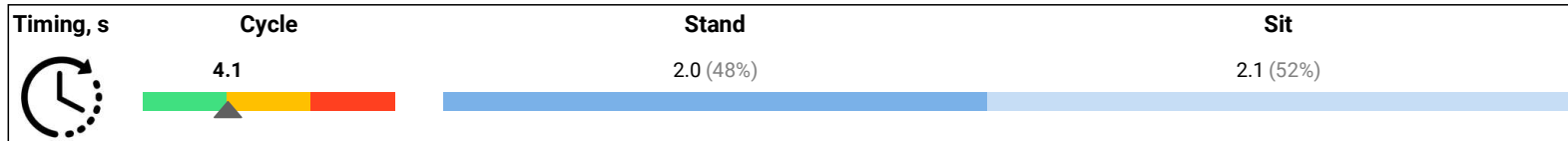
IMU  
Clinical Assessments

**Record**  
Name  
Date Measured  
Number of periods

30-Second Chair Stand Test  
4/9/2025 14:18  
7



## Results



## Overview

|                            |           |  |
|----------------------------|-----------|--|
| Total Activity Duration, s | 28.43     |  |
| Repetition Count           | 7         |  |
| Cycle Duration, s          | 4.06±0.26 |  |

## Timing

|                         |           |  |
|-------------------------|-----------|--|
| Stand Duration, s       | 1.96±0.12 |  |
| Sit Duration, s         | 2.10±0.20 |  |
| Stand Flex. Duration, s | 0.98±0.11 |  |
| Sit Flex. Duration, s   | 0.98±0.08 |  |
| Stand Ext. Duration, s  | 0.93±0.06 |  |
| Sit Ext. Duration, s    | 1.05±0.12 |  |
| Stand Pause Duration, s | 0.05±0.01 |  |
| Sit Pause Duration, s   | 0.06±0.03 |  |

## Range of Motion

|                            |          |  |
|----------------------------|----------|--|
| Stand Trunk Flex. ROM, deg | 44.6±2.4 |  |
| Sit Trunk Flex. ROM, deg   | 46.5±2.1 |  |
| Stand Trunk Lat. ROM, deg  | 3.0±1.5  |  |
| Sit Trunk Lat. ROM, deg    | 2.0±0.5  |  |

## Speed

|                                    |          |  |
|------------------------------------|----------|--|
| Stand Trunk Flex. Speed Avg, deg/s | 39.6±3.2 |  |
| Sit Trunk Flex. Speed Avg, deg/s   | 47.4±4.4 |  |
| Stand Trunk Ext. Speed Avg, deg/s  | 48.0±5.1 |  |
| Sit Trunk Ext. Speed Avg, deg/s    | 39.1±2.8 |  |

## Subject Comments

## Report Comments