

Surface Electromyography in Temporomandibular Dysfunction

A Beginner's Guide to Clinical Applications

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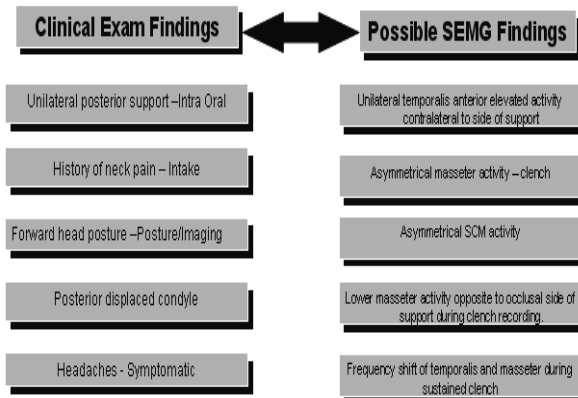
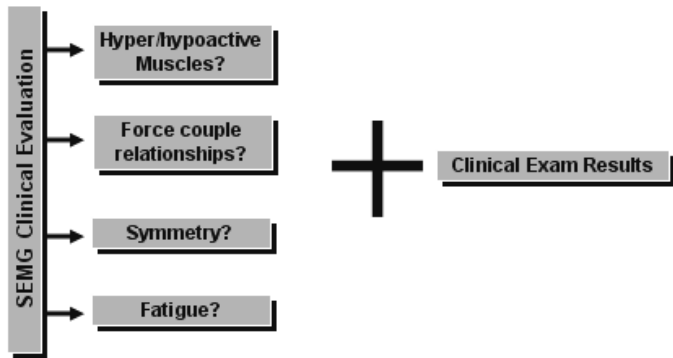


**Why?
When?
How?
What does it mean?**

D. Todd Shewman B.A. Kin
Foreword by

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- **Links SEMG findings to the intraoral, imaging and postural exam**
- **Anatomy and kinesiology of the head and neck**
- **Evaluation and treatment strategies**
- **The future of SEMG in TMD**



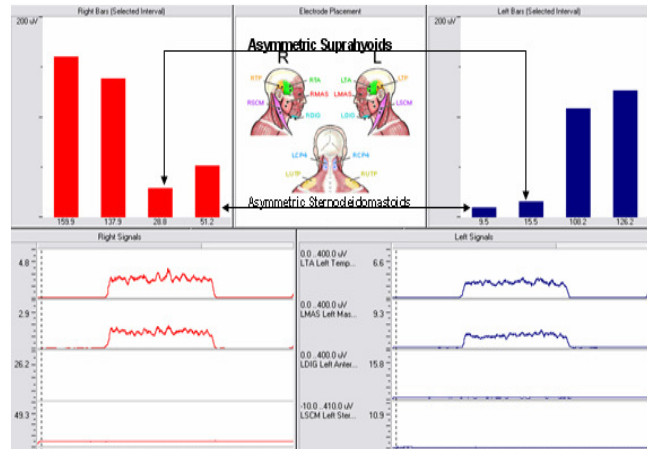
If Elevated Sternocleidomastoid (SCM) activity is observed:

Bilateral:

1. (PO) Forward head posture with shoulder elevation during technique.
2. (PO) Bilateral rounded shoulders with abducted scapula.

Unilateral (Figures 9-9, 9-10) :

1. (IO) Ipsilateral to side of posterior support
2. (IM) Cervical spine sidebending/rotation
3. (PO) Forward head posture with rotation contralaterally
4. (PO) Contralateral high shoulder



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